

## November 8 Daily Call Notes

### Quotes

*We become what we think about*

*The past does not equal the future – Tony Robbins*

*Thoughts are things and things can be changed – Louise Hay*  
author of You can Heal your Life

*Anyone can do anything for a short period of time – Dr. Moine*

*Action is a skillset*

*Optimism is a learned skill*

*With every adversity there is a seed of equal or greater benefit –*  
Napoleon Hill

Bonus Video – Pipeline

<https://www.youtube.com/watch?v=ekIA2jyScGc>