



April 9 Daily Call Notes

How to Have a Great Day

Focus on what you can control

If you look at life in this way you can have a great day today no matter what

You can't control if you make the sale or book the appointment but you can influence it

There are outside factors that you have no influence over. Things like:

Technology

Financial Markets

Other people

Weather

If your mindset is I will create a great day by focusing on the things I can control you can consistently have a great day

Question what you believe about yourself

Question your doubts

Explore why do you believe what you believe about yourself

10,000-hour rule

You are a person that works on yourself

This allows you to tap into the future you principle

Create your future from a blank canvass

Facebook Live Challenge – Facebook Live for 7 days – Share them into our Facebook group

Bonus video – How to Think Like Steve Jobs -

<https://www.youtube.com/watch?v=zqKqUWOFmj0&t=338s>